



FARNBOROUGH HILL

WHOLEHEARTEDLY

Menu - Week One

(weeks beginning 6 January, 3 February, 10 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Chicken Chasseur Buttered Celeriac Fondant	Caramelised Pork Sausages Vegetable Sausages	Chicken Katsu Curry Sweet Potato Katsu Curry	Roast Beef Roast Chicken Vegetable Tartlets with Feta	Battered Cod Salmon Coulbiac <small>(Russian Fish Pie) &</small> Parsley Sauce Ciabatta Pizza
ON THE SIDE	Croquette Potatoes Green Beans Nicoise Cauliflower Polonise Chasseur Sauce	Mashed Potatoes Broccoli Diced Carrots & Peas Onion Gravy	Rice Poppadom's Mango Chutney Asian Pickles Asian Salads	Roast Potatoes Roasted Parsnips & Carrots Sautéed Savoy Cabbage Gravy	Steak Chips Petit Pois & Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Jam Sponge	Apple Crumble	Chocolate Bread & Butter Pudding	Lemon Drizzle Cake	Rice Pudding
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				



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Menu - Week Two

(weeks beginning 13 January, 10 February, 17 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Pastaciutta (Pasta with a Choice of Toppings) Beef Ragu, Tomato, Carbonara and Creamy Chicken	Chicken Burrito Vegetable Burrito	Korean BBQ Chicken Bao Bun Korean BBQ Mushroom Bao Bun	Honey Glazed Gammon Roast Chicken Roasted Vegetable & Feta	Battered Cod Salmon Fish Cake & Parsley Aubergine Parmigiana
ON THE SIDE	Garlic Bread Italian Salad Tomato & Mozzarella	Loaded Nachos Guacamole, Sour Cream, Salsa Nacho Cheese Sauce	Udon Noodles Asian Vegetables Pickles	Roast Potatoes Glazed Baton Carrots Broccoli Florets Gravy	Triple Cooked Large Chips Petit Pois & Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Sticky Toffee Pudding	Golden Syrup Sponge Pudding	Pear & Apple Strudel	Chocolate Brownie	Apple Pie
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				



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Menu - Week Three
(weeks beginning 20 January, 24 February, 24 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Chicken Schnitzel & Zigeuner Sauce Tempura Halloumi with Sweet Chilli Jam	Beef Lasagne Vegetable Lasagne	Beef Cobbler Root Vegetable Hotpot	Roast Pork & Apple Sauce Roast Chicken Welsh Rarebit with Chilli Jam	Battered Cod Fisherman's Pie Wild Mushroom Risotto
ON THE SIDE	Bratkartoffeln <small>(sautéed new potatoes with onions and bacon)</small> Braised Red Cabbage Broccoli	Buttered Parsley New Potatoes Garden Peas Garlic Bread	Creamed Potatoes Buttered Tender Heart Baton Carrots Gravy	Roast Potatoes Roasted Parsnips & Carrots, Green Beans Nicoise Gravy	Skin on Chips Petit Pois & Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Apple Crumble	Pineapple Upside Down Cake	Jamaican Ginger Cake	Victoria Slice	Treacle Tart
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				



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Menu - Week Four
(weeks beginning 27 January, 3 March)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	FH Kentucky Fried Chicken Pretzel Burger Pretzel BBQ Pulled Mushroom	Chicken Souvlaki & Khobez Flat Bread Vegetable Souvlaki & Khobez Flat Bread	Chicken & Lamb Tagine Moroccan Vegetable Tagine	Honey Glazed Gammon Roast Chicken Vegetarian Toad in the Hole	Battered Fish Baked Crusted Cod with Tomato and Basil Sauce Vegetable Crespolitti
ON THE SIDE	Waffle Fries Corn on the Cob American Slaw BBQ Sauce	Greek Lemon New Potatoes Fasolakia (Greek Green Beans) Greek Salad	Moroccan Giant Cous Cous Roasted Mediterranean Vegetables Houmous & Olives	Roast Potatoes Broccoli Cauliflower Mornay Vichy Carrots Gravy	Chips Peas & Mushy Peas Baked Beans
DAILY FAVOURITES	Jacket potato with a selection of fillings - Soup of the day - Salad - Sandwiches - Pasta and sauce				
HOT DESSERTS	Eves Pudding	Chocolate Sponge & Chocolate Sauce	Cherry Pie & Custard	Black Forest Tray Bake	Pear Flan
DAILY SWEET TREATS	Assorted cold desserts - Yoghurt - Fresh fruit				